

# Services and benefits from A to Z

From "acupuncture" to "vaccinations" – we offer more.

## Acupuncture

You can take advantage of our acupuncture offering if you suffer from chronic back or knee pain.

(search code [2071128](#))

## Alternative medicine

We pay up to 100 EUR per calendar year for homoeopathic, anthroposophic and herbal medicines prescribed on a private or green prescription. Medically necessary natural remedies for children aged under 12 are billed directly through the TK eHealth card.

(search code [2001026](#)<sup>1</sup>)

## Special treatments offered by TK

TK has reached agreements for patient-centred care with doctors, hospitals, rehabilitation facilities and other health care providers. These guarantee a higher level of quality, service and, in turn, improved health, and all that at no extra cost. (search code [2010640](#)<sup>1</sup>)

## Free choice of doctor and hospital

Choose doctor's practices and hospitals to suit your needs. You and your doctor decide together which hospital to go to. Just make sure you choose a SHI<sup>2</sup>-accredited hospital or SHI-accredited doctor's practice. (search code [2052946](#))

## Health courses

In principle, TK pays 80 per cent of the course fee for certified – up to 150 EUR for a single and 300 EUR for a combined course. We even reimburse up to 100 per cent of online courses up to a maximum of 150 EUR. (search code [2182948](#))

## Home help

Do you have children aged under 14 at home, or a disabled child who needs help? Is there no-one at home to fill in for you? Then under certain conditions, you will be assigned a home help. (search code [2159902](#))

## Skin cancer screening from just 20 years of age

We cover skin cancer screening for TK insurees aged 18 and over. This is earlier than required by law. You can be examined every 2 years by a dermatologist who participates in this TK agreement. (search code [2108872](#))

## On-call midwifery service

We pay up to 250 EUR towards the cost of an on-call midwife. This is generally billed as a flat rate. Just send us your midwife's original invoice.

(search code [2079196](#)<sup>1</sup>)

## Homeopathy

You can get homoeopathic treatment from any SHI-accredited doctor in Germany who offers this service. We cover the cost of a comprehensive initial medical health history (approx. 60 minutes). This may be followed by follow-up reports and shorter homoeopathic consultations. No additional costs are charged for this service. (search code [2002136](#)<sup>1</sup>)

## Osteopathy

Many people value osteopathy as a complement to conventional medicine. We cover part of the costs if your doctor prescribes osteopathy **before** your treatment begins. Important: Your osteopath must be properly trained and qualified.

(search code [2160828](#))

## Professional teeth cleaning

For professional teeth cleaning in a dental practice we cover 40 EUR once a year for insured persons aged 18 and over: valid from treatment date 1. October 2022. (search code [2136362](#))

## Travel vaccinations

If you are taking a private trip abroad, we will cover the costs of vaccinations recommended by the Ständige Impfkommision (STIKO) [Standing Committee on Vaccination] for your destination country (less a co-payment for the vaccine if applicable). These can include, for example, vaccinations against hepatitis A and B or malaria. (search code [2160512](#))

## Sports medical examinations

We subsidise medical examinations and consultations with sports physicians every 2 years provided they are approved to offer these. You will be reimbursed 80 per cent of the invoice amount. The maximum amounts repayable are 60 EUR for the basic examination and no more than 120 EUR for the extended examination. The basic examination is included in the extended examination. (search code [2009848](#)<sup>1</sup>)

<sup>1</sup> Unfortunately, this information is only available in German.  
KB301283

<sup>2</sup> SHI = statutory health insurance

## TK-App

With the TK-App you always have your insurance ready at hand. You can use it, for example, to

- Simply participate digitally in the TK Bonus Plan and TK-Fit
  - view fit notes and send us messages and documents
  - Communicate your new address, e-mail or telephone number or order a new health card
  - receive TK letters online
  - submit many applications and invoices online
- (search code [2097922](#))

## TK Bonus Plan

It always pays off to look after your health. However, good resolutions sometimes get lost in the hustle and bustle of everyday life. This is why we help you to stay motivated. Join our TK Bonus Plan.  
(search code [2098044](#))

## TK-Coach app

Our TK-Coach app supports you around the clock. Try out our digital personal coach on the topics of exercise, nutrition and relaxation. Train when and where you want! (search code [2153348](#))

## TK-Doc app

The app is there for you when you need medical information without the need to visit a practice. You can communicate directly via video call or chat. This includes, in addition to a diagnosis and recommendations for therapy, the possible issuance of a certificate of incapacity for work, a prescription, or a medical report. (search code [2149064](#))

## TK-Klinikführer [TK Hospital Guide]

We provide information on more than 1,000 hospitals to help you choose the right one. You can use the TK-Klinikführer to find out how satisfied other TK insureds were with their hospital stay.  
(search code [2020998](#)<sup>1</sup>)

## TK Service Europe

You can benefit from our special agreements with regional hospitals and doctor's practices in many of Europe's holiday regions. In the event of an emergency, these quality-controlled health care providers will ensure you get the help you need – often more than that normally available in your destination country.  
(search code [2017068](#)<sup>1</sup>)

## TK services

We are here for you – in many ways and regardless of office hours.

With **TK-MediCall**, for example, some 100 doctors provide immediate, expert answers to your questions around the clock. (search code [2070962](#))

Or **TK-FamilyMediCall**, where you can talk to a paediatrician if you are concerned about your child.  
(search code [2097916](#))

Are you abroad and in need of medical advice? **TK-TravelMediCall** offers support and helps you look for German- or English-speaking doctors at your holiday destination. (search code [2156144](#))

Our **TK-AppointmentService** books appointments with your family doctor or specialist (except for appointments for the treatment of mental health problems).  
(search code [2051216](#))

## Routine check-ups for school-age children

We cover U10 (7 to 8 years), U11 (9 to 10 years) and J2 (16 to 17 years) check-ups to close the gaps in the screenings provided for your children.  
(search code [2207688](#))

## Handelsblatt: Best Health Insurance – Winner



Comprehensive data on financial strength, range of services, and customer service were included in the assessment of the Handelsblatt GKV rating "Best Health Insurance Funds" – in all categories, TK received top marks and an overall rating of "very good."  
(search code [2012456](#)<sup>1</sup>)

## Always here for you

Our ServiceTeam is available 24 hours a day, 365 days a year – by phone, e-mail or online. If you are online, just choose between **tk.de** or our **TK-App**.

Please enter the search codes on our website **tk.de/en**. Some of the information is only available in your digital member area "**Meine TK**".